



Constitution

- Name** The name of the club is Sandbach Striders.
- Description** Sandbach Striders is a not-for-profit community sports club, run by and for the benefit of its members.
- Headquarters** Sandbach Rugby Club, Bradwall Rd, Sandbach, Cheshire, CW11 1RA
- Colours** The club colours will be black and sky blue.
- Objectives** The objectives of the club shall be:
- To foster and encourage the sports of road running and cross-country.
 - Members shall be amateurs as defined in the laws of the AAA / UKA

Membership

Anyone wishing to become a member can approach any existing member to request membership. They will be invited to join the club for one month at no cost and thereafter to join as an official member at the current membership fees. An online handbook giving all information will be given to prospective members in the first instance.

Subscription

The fee is fixed by the members at the Annual General Meeting (AGM).

1. The committee has the power to expel any member whose subscription is three months in arrears.
2. All members will be enrolled as members of UK Athletics by the club unless they have informed the club that they are already members via another club and wish to be 'second claim' members of Sandbach Striders.
3. UK Athletics membership fees for all 'first claim' members will be paid by the club every April.

Committee

The committee shall be elected at the AGM and shall consist of:

- Chairman
- Secretary
- Treasurer
- Coaching officer
- At least three and no more than six other club members, each one with a defined role on the committee.

- Committee meetings shall be held when deemed necessary but there must be a minimum of 6 per year.
- A quorum at a committee shall consist of four members.
- The committee has the powers to co-opt additional members in non-voting positions for specialist information up to a total of three.
- If a member of the committee resigns or leaves for any reason, a new member must be voted in by the membership.

Annual General Meeting (AGM)

The AGM shall be held no later than the 31st March each year and in any event within 15 months of the previous AGM and members shall be given 21 days' notice of the meeting.

All matters for inclusion at the AGM shall be received at least 7 days before the meeting.

The business of the meeting shall include:

- The reports of the Chairman, Secretary and Treasurer
- The election of the committee members
- Any motion submitted by members.

Extraordinary General Meeting (EGM)

1. An extraordinary general meeting shall be called by the secretary within 21 days of a requisition signed by one third of the members or 50 members, whichever shall be the least stating the business to be brought before the meeting.
2. The committee can call an EGM if required, e.g. for election of new committee members to replace members who have resigned or left the committee.

Voting

1. All bona fide members (first or second claim) shall be entitled to one vote recorded in person at an AGM or EGM.
2. A simple majority shall decide all issues except as stated in rule 3.
3. This constitution will not be altered except by a vote at an AGM or EGM, passed by at least a two-thirds majority of the members present and voting there.

Financial Year

1. The financial year of the club will be from 1st April to 31st March.

Codes of Conduct

1. As a responsible Athletics Club we will adhere to the code of conduct for athletics clubs as set out by UK Athletics.
2. All members are expected to adhere to the code of conduct for athletes as set out by UK Athletics.

Approved at an AGM on 21st March 2018, effective 1st May 2018

Chair..... Cheryl Hutchins

Club Secretary.....Tracey Hale.....

Treasurer.....Martin Coleman.....

(Formatting reviewed November 2023)